

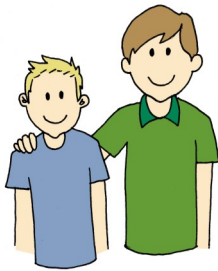
Free Parents Plus Adolescents Programme

Bray Area Partnership is running a Parents Plus Adolescent Programme.

This programme is **FREE OF CHARGE** and is for parents of and people caring for adolescents aged 11-16 years in Newcastle area.

Topics include:

- ◆ Getting to know and connect with your teenager
- ◆ Positive discipline for teenagers
- ◆ Managing conflict
- ◆ Solving problems together



Time: 9.30am—12.00pm

Day: Every Friday Morning for 6 weeks

Course Dates: Starts on 5th May and finishes on 9th June 2017

Venue: Newcastle Community Centre, Newcastle, Co Wicklow

To Book or for More Information: Contact Jennifer Jones at Bray Area Partnership on 01-286 8266

